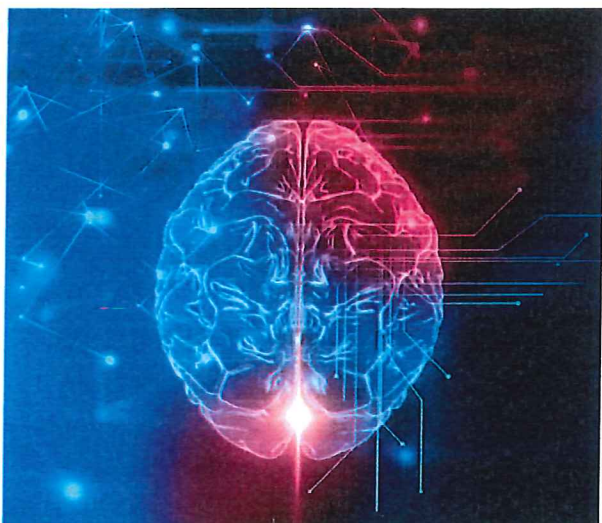




## Dr Kelly's Health Nugget



Science has discovered that our brains are not hard-wired like we thought they were but are quite plastic. It turns out that our brain is constantly re-wiring itself! Brain mapping reveals the wiring changes in days to weeks. Before surgical correction of syndactyly (fused digits) the brain map shows only 4 digits, but within days to weeks after surgery the map shows all 5 digits. Complete recovery from a stroke is now known to be 100% possible with sufficient, prolonged stimulation of the affected limbs. Recovery of full function has been documented after more than a decade of flaccid paralysis. Neuroplasticity is changing not just our brains but how we do stroke rehabilitation. (See "The Brain That Changes Itself," by Norman Doidge, MD)

## Church/School Build Ice Sanctuary

Willie and Briana Hale of the Dickinson Adventist Church asked people in church to save half-gallon milk cartons for a special project. They collected almost 1000 cartons and when the weather turned cold enough, he and his wife, along with their friends, Jarod and Frankie Fields, began filling the cartons with water as well as a few drops of food coloring.

At the end of January, the date was set for building an ice sanctuary. It was a cold and windy day on Invitation Hill, the site of Dickinson's new school/church facility, when construction began. Recruits were hardy souls who saw the project through.



A slushy mix of water and snow was used for mortar while and the other hand clasp the frozen brick waiting for the temperature hovering around 10° and the wind whipping and whistling about to freeze the structure in place. It took several hours to complete the sanctuary - complete with two compartments, the Ark of the Covenant, the seven-branched candlestick, altar of incense, and table of showbread, as well as the laver and altar of burnt offering outside of the igloo sanctuary. Hale says that ultimately it is "a fun exercise to do with the kids in working together and completing a project."

Teacher Janna Wright and students Tandish and Ebnay Kuzvuinswa, Fortune and Fortunate Majada, Autumn Hale, Zack Sarge, Kolter, Boen, Roper and Hazy Karges rotated in and out of the school/church building warming up their fingers and toes!

Read the full story in the April Outlook magazine.



Article by Janna Wright; Photo by Endine Karges.

## Birthdays are for Celebrating



Agnes (Boyko) Warbitsky of Butte, ND is the 12<sup>th</sup> of 14 children born to Ukrainian immigrants in Greatstone Township of McLean County. She celebrated her 103<sup>rd</sup> birthday January 7, 1914 with family and friends. Warbitsky graduated from Minot State, then known as Normal Training College, and taught in country schools for ten years. Although she and her husband Alex had no children of their own, they raised their nephew Donald Fleming of Chicago.

Warbitsky was featured in the May 2014 Outlook magazine as a centenarian. Warbitsky is a member of the Turtle Lake Church.

Article by Jacquie Biloff and Karen Boyko; Photo by Glen Boyko

## Black Tie Gala Enjoyed

Candlelight flickered across an array of gourmet desserts and the smell of pasta wafted through the room during Rapid City Adventist Elementary School's first annual Black Tie Gala. Guests showed admission tickets at the



gate to the National Guard

complex and traffic proceeded to the events center. How exciting to see all the fancy dresses and suits that were pulled out of closets and dusted off for this special occasion. While students waited on tables, the auctioneer took to the microphone to emcee the night and auction off desserts and artwork made by church members and students. Whether it was a bidding war over cheesecake or students dancing their art project around the room, the night was full of laughter and fellowship. As the evening concluded, over \$2000 had been raised for school special projects. We are truly blessed with a supportive community and church family and look forward to making this an annual event.

Article by Kelli Vigil; Photos by Multiple People

## More Alumni Chapter Meetings Held



A favorite part of my job is meeting and talking with alumni. I love hearing the stories of experiences at SRA, PVA, or DAA. While alumni weekends on campus are well attended, there are many who are unable to make the trip back to campus. Held in four locations each year, chapter meetings provide the opportunity of sharing news of DAA.

**Lincoln, Nebraska** was the setting for the first chapter meeting. Held on the campus of Union College, this meeting usually has the widest range of alumni attending. This year was no different with alumni from 1946 up to 2015 in attendance.

**Arizona and California** meetings were held this past weekend in Mesa and Loma Linda. Alumni organizers do a lot to promote and host these meetings. Special thanks to Lenhardt & Darlene Kungel, Dennis & Sharon Schmierer, Sharon Pearson,



and Vivian Lehr for assistance with the Mesa meeting and to Arline Slattery for the Loma Linda meeting. These two chapter meetings are held the third weekend of February, so mark your calendars for February 17 & 18, 2018.

The **Washington** area chapter meeting is scheduled for May 20, 2017 at the home of Ken & Linda Seibold in Walla Walla. Invitations will be sent out to area alumni in April with the details. For more information, please contact Sharon Heinrich at 701-751-6177 Ext 212 or Patsy Wagner at 509-526-5024.



Whether it is alumni weekend on campus or one of the chapter meetings, the common thread among alumni is the time they spent at academy, the impact on their lives, and the importance of continuing to provide youth with the opportunity for a Seventh-day Adventist education.

Thank you for your support and your prayers. We appreciate all you do for students and staff at DAA.

Article & Photos by Sharon Heinrich

## Upcoming DAA Dates

February 22-25	DAA Music and Arts Festival
April 7-9	DAA Academy Days
May 6	Gymnastics Home Show
May 20	Spring Music Concert
May 20	Walla Walla, WA Cha





## Feb 23 Dispatch Photo

The above photo was taken in Bismarck, North Dakota by Jodi Dossenko using an iPad Touch.

In 2017, I would like to feature a Dakota photo in each issue of Dispatch taken by readers like you. Please state the location where the picture was taken, what equipment was used and your name. Submit to [jbiloff@icloud.com](mailto:jbiloff@icloud.com). Thank you.

Dispatch Mission: To build a climate of encouragement and blessing through the sharing of witnessing and evangelism activities. If you have news to share or would like to be added to the **Dakota Dispatch** mailing list, please email Jacquie Biloff at [jbiloff@icloud.com](mailto:jbiloff@icloud.com). Bison Copyright



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