

Dakota Conference of Seventh-day Adventists

Dakota Dispatch
Sharing the unchanging love of Jesus in a changing world.



Painful or Not?



What is "pain?" It turns out that "pain" is what our brain interprets as painful. There are no "pain nerves" in the body, but simply nerves that provide various sensations which the brain must interpret. Most of us know that extreme pleasure is quite similar to pain. Brain research reveals that we can use conscious thought to direct our brain as to what is "pain" and what is simply "uncomfortable." My father, a welder quite familiar with occupational burns, taught me that I could put a burn back to the heat and greatly attenuate the "burn effect." I learned I could stop most blistering and discomfort by holding the heat close to the wound until the extreme pain diminished. Neuroplasticity enables us to reduce or end chronic pain by choosing to identify it not as "pain," but as a sensation.

Article Dr. John Kelly of Black Hills Health Center; iStock Photo.

Three DAA Students Inducted to the NHS



Left to right: Ms. Pam Castillo, sponsor; Jaelyn Pickett, Spiritual Vice President; Savannah Ulery, Secretary/Treasurer; Jadyn Anderson; Erica Chapman, President; Sierra Schlenker; Leticia Venegas; Mr. Gary Way, Sponsor.

The National Honor Society (NHS) is the nation's premier organization established to recognize outstanding high school students. More than just an honor roll, NHS serves to honor those students who have demonstrated excellence in the areas of scholarship with a GPA of 3.5 or higher, leadership, service, and character. These characteristics have been associated with membership in the organization since its beginning in 1921.



Today, it is estimated that more than one million students participate in NHS activities. NHS chapters are found in all 50 states, the District of Columbia, Puerto Rico, many U.S. territories, and Canada. Chapter membership not only recognizes students for their accomplishments, but challenges them to develop further through active involvement in school activities and community service.

A special vespers was held Sabbath evening, October 28, to recognize and induct Jaelyn Pickett, Savannah Ulery, and Sierra Schlenker, who are all sophomores, into the Dakota Adventist Academy chapter of NHS. Each one of these students exemplifies the pledge of NHS, which is to maintain high scholastic standing, to hold as fundamental and worthy an untarnished character, to endeavor intelligently and courageously to be a leader, and to give themselves freely in service to others.

South Dakota Regionals

Southeast (Sioux Falls) Regional Nov 4, 2017

Southwest (Rapid City) Regional Dec 2, 2017

Brentwood School Adds JOY

Brentwood Adventist Christian School is located in a beautiful, rural neighborhood north of Bismarck, ND. Seven energetic students are attending who enjoy learning, singing, and playing together. “This year we are working on having more **JOY** in our classroom, which means **J**esus first, **O**thers second, and **Y**ou (us) last,” says teacher Debra Eszler. “We decided to accomplish this by incorporating more community service projects into our school year.”



The first project was at Skyland Ranch located in Hensler, ND and owned by Dwight and Patsy Duke. Last spring the students visited their four greenhouses on a fieldtrip and were amazed at their operation. The Dukes not only have greenhouses but grow many vegetables outside too. “Mr. Duke has a green thumb for sure. There was no question in the student’s minds, they wanted to go there for a community service day,” said Eszler.

Recently the little school had the opportunity to go and dig onions. “You may think that doesn’t sound exciting, but the students loved it,” says Eszler. “We worked all morning and then the Dukes fed us a delicious meal. Then we worked another hour and 15 minutes before we had to head back to school. I was amazed at our students and their energy.” The first graders worked just as hard as the upper graders. There was no complaining about not having recess or a break. The following are students’ comments about their experience:

1st grader: “I was so sad that I missed it. I was sick.”

1st grader: “I felt so good because of the fresh air.”

1st grader: “I wish I was a farmer... We had to be careful with the onions because that is how the farmer makes his money.”

3rd grader: “I never knew this but purple onions are called red onions. I loved that the Dukes made lunch for us. Nobody had to bring their lunch.”

5th grader: “I like to pick onions!”

6th grader: “Going to the Duke farm was so fun and delicious. The food was great and picking onions was

fun!”

7th grader: “I enjoyed spending time with the Dukes and picking onions. The food was delicious! If there was a bigger word for delicious, I’d say it. I had a lot of fun, but the wind made it even better.”



Brentwood students also recently went to the Baptist Home, a large nursing home facility in Bismarck, to visit and sing. “The residents always enjoy the students,” says Eszler. Students shared about their school when family members, workers, or residents asked questions about where they are from.

“Yes, helping others brings us closer together as a school and brightens our lives as much or more than we do for others,” says Eszler. “We are looking forward to more projects in the future.”

Article by Debra Eszler with Jacquie Biloff. Photos by Sue Nelson.

Thank you Pastor

GLAD YOU ARE HERE

They came to us in 2014, that exact year
And they have become so very dear.
We have learned to love them more each day
I know you can guess as they are here today.

These friends are a cherished treasure
You'll find them in this world today.
With them you can expect to find,
Here to help us in rain or shine.

We have a lot in common
Our pleasures are their pleasures to.
Our friendship grows more from day to day,
And they are always a phone call away.

I hope as the days and weeks go by
Our friendship grows deeper within.
That when our Christ comes back to us,
We may all go home with Him.

Poem by Phyllis Alexander written for Pastor Appreciation Sabbath.

Lynette Miller, of Bismarck, ND, kept a window frame from the North Dakota Northern Lights Camp kitchen as it was being dismantled for a momento of the times she enjoyed family reunions and Pathfinder activities at the camp. Miller wiped down the frame and added the stencil. This now hangs in her living room.



A promotional banner for HopeChannel. On the left, the text "BUY 3 GET 1 FREE" is displayed in large, bold letters, with "BUY 3" in green and "GET 1 FREE" in purple. Below this, it says "CLICK HERE" and the HopeChannel logo (a blue and yellow stylized figure) is shown. To the right, there are six DVD covers arranged in two rows. The top row includes "WEIGHT MANAGEMENT", "REVERSING DIABETES", and "REVERSING HYPERTENSION AND HEART DISEASE". The bottom row includes "DEFEATING DEPRESSION", "STOP SMOKING", and another "REVERSING HYPERTENSION AND HEART DISEASE" cover. Each cover features the "FROM GO HELP FOR YOU" logo and "VOLUME 1" text. The covers are colorful and feature images of food, people, and medical equipment.

Ministry Comes in Many Forms



Some years back Jane's (not her real name) church in the Dakotas collected clothing for distribution to those who were less fortunate. One year they received a number of wool coats with moth holes in them, which were not acceptable for dissemination so Jane took them home as she knew of a woolen factory in Minnesota that would reprocess them.

In time she received back six or eight 90x108 inch pieces of wool batting. She decided to cut the batting in half lengthwise and make two twin quilts out of each piece. Jane sewed polyester squares together to form the top, added the wool batting and appended a soft flannel material as the bottom layer. The quilts were very warm and comfortable. After having made ten quilts, she took them to the Ruth Meiers Hospitality House in Bismarck where clients are allowed to eat at the soup kitchen and sleep as long as they are actively looking for a job. Those who received a quilt were encouraged to take them with them when they moved to permanent locations.

There are several lessons in this heart-warming story:

- It seems we are never too full of holes to be discarded. We can always be repurposed.
- The bigger picture is always better than the small world where we indulge ourselves.
- There is always someone who is less fortunate.
- We can minister to others with what is at hand.

As told to Jacquie Biloff by a faithful church member after the "quilt weekend" at the Central Regional in Aberdeen, SD.

Great Controversy Shared in Mitchell, SD

Twenty-three guests registered for the first night of *Revelations' Urgent Call* meetings being held in Mitchell, SD with Dakota Evangelist Donavon Kack. Working with him are his family and Jody Schumacher of Lehr, ND. Four hundred sixty-seven Great Controversy books were distributed for a small donation of two to five dollars to people at businesses and homes in Mitchell and an Amish community south of town. Some gave ten to twenty dollars, saying, "If someone cannot afford to pay, give the book to them anyway."

An older gentleman, who appeared to be in charge of the art project at the Corn Palace, declined the book after Hiram Kack had given him the canvass. He said he knew God was working, and that he was already close to God, and that he fell asleep every night praying for people he knew. "After visiting for a few minutes, we said goodbye and walked a little ways and watched the other team canvass..." says Kack. "Meanwhile our prayer team, that was in the van, was praying for the man who declined. A few seconds later he called me back over to where he was sitting and asked, 'How much did you say that book was

again?' 'Well, we're just leaving it for a small donation of two to five dollars.' He pulled out a five-dollar bill and said, 'You know what, I need that book.'"

A family with six children asked if kids were welcome and was assured that they were. They said they had other friends with large families and would let them know.

"The Great Controversy should be very widely circulated. It contains the story of the past, the present and the future. In its outline of the closing scenes of this earth's history, it bears a powerful testimony in behalf of the truth. I am more anxious to see a wide circulation for this book than for any others I have written; for in The Great Controversy, the last message of warning to the world is given more distinctly than in any of my other books." – Colporteur Ministry, 126, 127.

See updates on <http://revelationscall.blogspot.com>.

NOTE: The Dakota Conference has a new website as of November 1, 2017. Church Connect, who is supporting the conference and many church websites in the North American Division, upgraded from a 2.0 to a 3.0 and will not support the 2.0 website after January 1, 2018. Many features will look the same on the new website but some have been upgraded. The URL address remains the same, which is www.dakotaadventist.org. Please visit the website (we are still working on the cemetery galleries).

To take advantage of the ABC's specials on food, call Lynette Miller at 701.751.6177 for availability or visit the Bismarck ABC at 7200 N Washington Street, Bismarck, ND.



		Retail Case	Retail Single	Special Case	Special Single
Bismarck					
CANNED:					
Big Franks	12/20 oz	\$68.70	\$6.33	\$60.40	\$5.72
Big Franks low fat	12/20 oz	\$68.70	\$6.33	60.40	5.72
Choplets	12/20 oz	\$68.70	\$6.33	60.40	5.72
Linketts	12/20 oz	\$68.70	\$6.33	60.40	5.72

Little Links	12/20 oz	\$68.70	\$6.33	60.40	5.72
Redi Burger	12/19 oz	\$68.70	\$6.33	60.40	5.72
Spicy Chorizo	12/20 oz	\$68.70	\$6.33	60.40	5.72
Tender Bits	12/19 oz	\$68.70	\$6.33	60.40	5.72
Vege Burger	12/19 oz	\$68.70	\$6.33	60.40	5.72
Vegetable Skallops	12/20 oz	\$68.70	\$6.33	60.40	5.72
Vegetable Steaks	12/20 oz	\$68.70	\$6.33	60.40	5.72
Vegetarian Burger	12/20 oz	\$68.70	\$6.33	60.40	5.72
H Chik'n Bites	12.13 oz	52.99	4.88	48.19	4.55
CL Chops	6/19 oz	31.83	5.89	28.56	5.48
CL Terkettes	6/19 oz	31.83	5.89	28.53	5.48
CL Hostess Cuts	6/19 oz	31.83	5.89	28.53	5.48
Roma	6/7 oz	45.39	8.39	40.06	7.68
Food Service					
Big Franks	6/96 oz	117.77	21.69	104.79	19.74
Linketts	12/96 oz	117.77	21.69	104.79	19.74
Vegetable Skallops	12/50 oz	147.21	14.04	131.42	12.45
Vegetarian Burger	12/50 oz	147.21	14.04	131.42	12.45
Frozen:					
Dinner Roast	6/2 lb	87.52	16.12	76.02	14.42
Chicken Roll	4/4lb	109.02	30.11	96.52	27.56
Corned Beef Roll	4/72 oz	116.16	32.09	103.66	29.54
Smoked Turkey Roll	12/12 oz	109.02	30.11	96.52	27.56
Wham Roll	12/12 oz	116.16	32.09	103.66	29.54

Sales dates: November 1-30, 2017
quantities may be limited

ABC hours in Bismarck, ND are:


- Tuesday, 3:00pm - 5:30pm
- Wednesday, 3:00pm - 5:30pm
- Thursday, 3:00pm - 6:00 pm
- Closed on Sundays


Nov 2 Dispatch Photo



The above photo was taken by Jodi Dossenko north of Bowman, ND using a iPhone 5c. To the left is Black Butte, the second highest point in North Dakota.

Dispatch Mission: To build a climate of encouragement and blessing through the sharing of witnessing and evangelism activities. If you have news to share or would like to be added to the **Dakota Dispatch** mailing list, please email Jacquie Biloff at jbiloff@icloud.com. Bison Copyright

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